

Congregation B'nai Israel

High Holy Days Guide

5770

ROSH HASHANAH GREETINGS

Shanah Tovah u'Metukah

A Happy, Healthy and Sweet New Year to
our CBI family.

May this year be filled with
the sweetness of the honey and
blessings from God.

Rabbi Mona Alfi

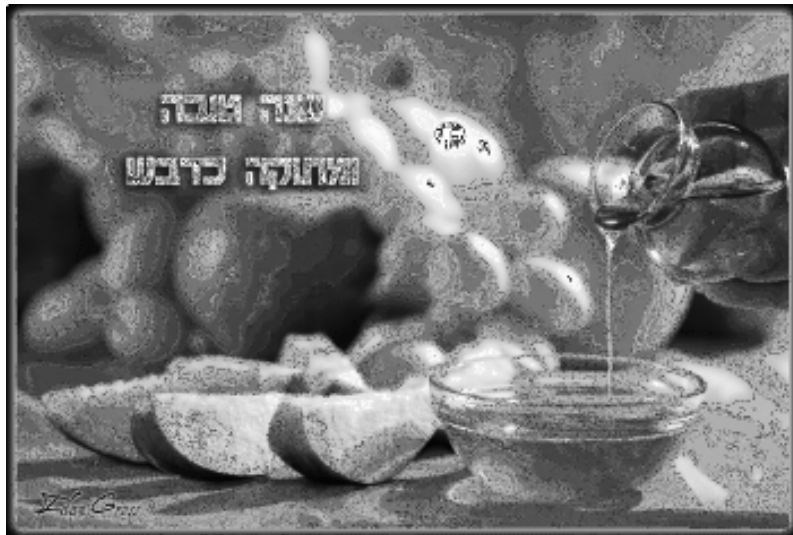
Rabbi Shoshana King-Tornberg,

Director of Lifelong Learning

Mandell H. Greene, FTA, Temple Administrator

Jay Schenirer, President

Officers and Board of Trustees



BRINGING IN THE NEW YEAR

Selichot will be observed on Saturday, September 12. This service of prayer and song helps prepare worshippers for the *Yomim Noraim*—the Days of Awe. Join Rabbi Alfi and Chazzan Naluai for *Selichot*. The evening will begin at 7:15 pm with wine and appetizers followed by dessert and Havdallah. The study session,

_____”
will begin at 8:30 pm, and *Selichot* worship will begin at 10:00 pm. All members of our community are welcome to join as we usher in the New Year. This evening is co-sponsored by Brotherhood and WBI.

This booklet and the accompanying information contain important details concerning the High Holy Days. Please read it carefully. If you have any questions, please call the temple office at 916-446-4861.

MESSAGE FROM THE TEMPLE LEADERSHIP

L'Shanah Tovah. We invite you to join us for the High Holy Days at B'nai Israel. We welcome current, new and prospective members, and wish all a healthy and a happy Jewish New Year 5769.

The Days of Awe inspire us to look inward, reflecting on our lives, our relationships, and our contribution to the community. We examine our deeds during the past year, as we conduct an ethical and religious reassessment of our lives.

One of the most well-known symbols of the High Holy Days is the shofar, or ram's horn. Moses Maimonides interpreted its piercing sound as an awakening from a dream, as if to shake us and shout to us, "Wake up you sleepers, awaken from your sleep! O you slumberers, awaken from your slumber! Search your deeds and turn inward to repent." In the end, we yearn to experience spiritual renewal from the Days of Awe. We build a sense of inner peace and confidence about our purpose in life. Hopefully, we renew our connection with the congregation and to the Jewish community.

May each of you join us to hear the blast of the shofar at Congregation B'nai Israel, and may the sound of the shofar ring in a year of good health, a year of blessing, and for all of us, a year of shalom.

Shanah Tovah Tikatevu v'Tikateimu. May you be inscribed and sealed in the Book of Life!

Rabbi Mona Alfi

Rabbi Shoshana King-Tornberg

Mandy Greene

Jay Schenirer

Director of Lifelong Jewish Learning Temple Administrator

President

WHAT IF YOU HAVE GUESTS?

If you are hosting guests for Rosh Hashanah or Yom Kippur who are members in good standing of another Reform congregation, ask them to have their home synagogue notify us by fax at (916) 446-2875, and we will arrange for reciprocal tickets at no charge. Please call the temple and let us know so that we can track the request. If you need to purchase tickets for your guests who are not members of a Reform congregation, please complete the "Additional Family Ticket Request" enclosed with this mailing, then send it to the temple with a check for the appropriate amount. The tickets will be mailed to you prior to the High Holy Days. As in the past, single members are eligible to receive a second ticket at no charge for their guest.



ADMISSION TICKETS

To assist us in getting to know others in the congregation, your name tag will also serve as your admission card for the High Holy Day services. Name tags are required for each member over age 13. Those who come to Rosh Hashanah and/or Yom Kippur services without an official name tag will be directed to the High Holy Day office area, located in the foyer of the south entrance to the synagogue.

Your name tags, which will be mailed in late August to each member of the congregation over age 13, will have the service schedule on the back for your information. If you receive the incorrect name tag, or do not receive your name tag by September 4, please notify the temple office. As in the past, single members are eligible to receive a second ticket at no charge for their guest. Those interested in this option should simply call the temple office with the name of the guest for our records.

ACTIVE DUTY MILITARY AND COLLEGE STUDENTS

Congregation B'nai Israel continues its longstanding tradition of enabling soldiers, sailors and airmen on active duty access to our worship services throughout the High Holy Day period, with a valid military identification card. College and university students will also be admitted access at no charge, with proper identification. However, even though there is no charge for college students, please call or email the temple office and let us know what service(s) you are planning to attend so that we can have a complimentary ticket/name tag ready for you. If you have a family member for whom you wish to obtain admission under this policy, please call the temple office at 916-446-4861 so we can prepare a ticket for him or her. Guard and Reserve personnel who are on extended active duty will also be permitted access under this policy.

TRAVELING DURING THE HOLIDAYS?

If you are a member in good standing and plan to be out of town during Rosh Hashanah or Yom Kippur, call the temple office at 446-4861 or email Jeanette at jeanette@bnais.com, and provide us with the name and address, phone and fax numbers of the temple at which you wish to worship. If possible, we will arrange for reciprocal tickets at that congregation. For best service, you should do this as soon as your travel plans are clear.

PARKING AND ENTRY

Access to worship services will be through the south foyer, as well as the Memorial Room. Parking is available in the south parking lot, on 11th Avenue and behind the pumping station. Also, street parking is available along Riverside Boulevard, providing easy access to the pedestrian entry way near the south foyer. For those who park on streets in the Land Park area, please be considerate of our neighbors. Do not block their driveways.

WHAT ABOUT ACCESS FOR THE DISABLED?

Access for the disabled is improved in our sanctuary. As always, with a single evening service, we anticipate congestion during the High Holy Days. Therefore, we encourage you to carpool with friends and neighbors who are coming to the temple.

Handicapped parking is available in the south parking lot, on 11th Avenue, and along Riverside Boulevard. Please note that the pedestrian gate alongside Riverside (near the Chapel) will also be available for your use, providing easy access to the sanctuary. Those who find it advantageous, may drop off disabled and elderly passengers along Riverside Boulevard at the pedestrian entrance, or near the entrance at 11th Avenue and Riverside.

If you have specific physical needs which require that you be seated in a specific area of the sanctuary, and can arrive early, please call Mandy at the temple office and discuss your needs with him. We will do our best to accommodate you, if possible.

WE NEED VOLUNTEERS

The temple has arranged for both on-duty and off-duty security patrols to assist with traffic congestion, crowd control, and general security during the holidays. However, due to the layout of our campus, and our operational requirements, we are always in need of members who are willing to serve as volunteer ushers and/or members of our volunteer security patrol.

Serving as an usher does not mean you forfeit your opportunity to attend services with your family. We'll schedule around your worship schedule. If you are interested in performing this mitzvah, please call Mandy Greene, Temple Administrator, at 446-4861, ext. 17, and let him know your preference.

YIZKOR MEMORIAL BOOKLET

As in the past, we will be publishing a Yizkor Memorial Booklet for our members who wish to participate. The booklet will be distributed during Yom Kippur Yizkor services on September 28. Please complete the accompanying Memorial Book form, and return it to the temple office with your donation or pledge no later than September 2.

FLORAL TRIBUTE FUND

Your contribution to the B'nai Israel Floral Tribute Fund is used specifically for the High Holy Day floral arrangements. If you would like to contribute, please send your donation to the temple office, noting "HHD Floral Tribute Fund" on the memo line of your check.

ESPECIALLY FOR CHILDREN

Family Service

Our High Holy Days Family Services will take place on Rosh Hashanah morning, Saturday, September 19, at 9:00 am and on Yom Kippur morning, Monday, September 28, at 9:00 am. Both services will be held in the sanctuary. These services are approximately 30-45 minutes in length and are appropriate for families with young children.

On Rosh Hashanah morning's Family Service, Rabbi Alfi will be giving a special blessing for all babies born since last Rosh Hashanah.

Childcare

Childcare is available as follows:

Erev Rosh Hashanah: Friday, September 18, 7:30 to service conclusion. Ages 4 to 10. Supervised games, videos, crafts, snack. In the Multi-Purpose Room.

Rosh Hashanah morning: Saturday, September 19, 10:00 am to service conclusion. Ages 1 to 4. Supervised care in rooms 1 to 4. Snack provided. Please bring lunch.

Kol Nidre: Sunday, September 27, 7:30 pm to service conclusion. Ages 4 to 10. Supervised games, videos, crafts, snack. In the Multi-Purpose Room.

Yom Kippur morning: Monday, September 28, 10:00 am to service conclusion. Ages 1 to 4. Supervised care in rooms 1 to 4. Snack provided. Please bring lunch.

Please register your children by completing the enclosed Childcare Form and return to the temple with the appropriate payments. **NO DROP-INS ARE ALLOWED.**

Apples 'n Honey

Apples 'n Honey is our High Holy Day educational program for children ages 5 to 10 that runs concurrently with morning services. The program will include crafts, games, Jewish learning, outside play and snacks. Apples 'n Honey will begin at 10:00 am and will conclude promptly when services end. Please note these activities are for registered children ages 5 to 10 only. Please fill out the enclosed Apples 'n Honey Registration Form and return it to the temple with the appropriate payment. **NO DROP-INS ARE ALLOWED.**

SELICHOT

Selichot is the traditional introduction to the High Holy Day season. At B'nai Israel, the service is preceded by hors d'oeuvres and wine, dessert and Havdallah, and a study session. Reservations are necessary for the hors d'oeuvres, wine, and dessert, but not for the study session and service.

Women of B'nai Israel (WBI) will sponsor our Selichot evening. For more information, see the accompanying flyer.



SELICHOT

Saturday, September 12

Hors d'oeuvres and wine	7:15 pm
Dessert and Havdallah	8:15 pm
Study Session	8:30 pm
Service	10:00 pm

If your last name begins with the letters A-L, please bring hors d'oeuvres for 20. If your last name begins with the letters M-Z, please bring dessert for 20. For questions, please call Andee-Press Dawson at 916-635-4169.

HOME OF PEACE MEMORIAL SERVICES

Each year there is a community memorial service at Home of Peace Cemetery. This year's service will be on Sunday, September 27 at 11:00 am.



TASHLICH

During the afternoon of Rosh Hashanah, it is customary in many Jewish communities to go to a moving body of water for a brief ceremony called *Tashlich*. Join us as we participate in this ancient custom. We will be singing and engaging in self reflection when we meet in William Land Park near the lake in area GA6 (see accompanying map). Wear comfortable clothing. We'll be casting bread crumbs into the water, symbolically tossing our sins into the water. Feel free to bring along a picnic lunch or a frisbee—and, oh yes...don't forget the bread.



Sukkot and Simchat Torah



BUILDING THE SUKKAH

Plan on joining in the fun of building the sukkah on _____ at the temple. If you're handy and want to help, call John Blue at 916-453-9515. The decorating will begin as soon as the sukkah is built. All adults (with or without children) are invited to come to help make the decorations, then decorate the sukkah. You may bring foliage and/or fruit for decorating. Refreshments will be provided. For questions, please call the temple office at 446-4861.

SUKKOT CELEBRATION

Monday, October 2—Please join Rabbi Alfi and Chazzan Naluai for a Sukkot potluck dinner at 6:00 pm. We'll provide the main dish; we need you to bring the salads, sides and desserts. Our harvest meal will reinforce the connection of our food to nature and the source of nourishment.

Following dinner, the Festival celebration continues at 7:00 pm with Sukkah blessings, a story, and singing. For reservations and additional information, please see the accompanying flyer.

YIZKOR

Yizkor is a brief service held on Yom Kippur afternoon, the last day of Sukkot, the last day of Pesach, and the second day of Shavuot. It allows for us to take time throughout the year to pay our respects to loved ones who have passed on. The Sukkot Yizkor service is led by Rabbi Alfi and Chazzan Naluai in the Harry M. Tonkin Memorial Chapel on Tuesday, October 9 at 10:30 am.

SIMCHAT TORAH

Simchat Torah celebrates the annual cycle of the reading of the Torah. Dinner will begin on Friday, October 29, at 6:00 pm, followed by the festival and will be a participatory experience as we unroll and read from the end of Deuteronomy (*Devarim*), and then from the beginning of Genesis (*Bereshit*). The festival celebration continues in the social hall with Consecration and dancing with the Torah scrolls. Hear Chazzan chant Torah in Hebrew and Yiddish Terry Press-Dawson, of "A Step Above" will provide DJ services. Don't miss this fun experience for people of all ages.

HIGH HOLY DAY SCHEDULE 2009-5770

Selichot (Saturday, September 12)

- 7:15 pm Appetizers and wine
- 8:15 pm Dessert and Havdallah
- 8:30 pm Study Session:

- 10:00 pm Selichot Service

Erev Rosh Hashanah (Friday, September 18)

- 7:30 pm Erev Rosh Hashanah Service

Rosh Hashanah (Saturday, September 19)

- 9:00 am Family Service
- 10:00 am Rosh Hashanah Service
- 10:00 am BISI Service (Chapel)
- 10:00 am Apples 'n Honey (Ages 5-10)
- 1:00 pm WBI-sponsored Reception
- 3:00 pm Tashlich (Land Park)

Shabbat Shuvah (Friday, September 25)

- 7:30 pm Shabbat Service

Memorial Service (Sunday, September 27)

- 11:00 am Home of Peace

Erev Yom Kippur- Kol Nidre (Sunday, September 27)

- 7:30 pm Kol Nidre Service

Yom Kippur (Monday, September 28)

- 9:00 am Family Service
- 10:00 am Yom Kippur Morning Service
- 10:00 am Apples 'n Honey (Ages 5 and up)
- 1:00 pm Symposium (Theme:)
- 2:30 pm Yom Kippur Afternoon Service
- 4:30 pm Yizkor (Memorial Service)
- 5:00 pm Neilah Service
- 6:15 pm Break-the-Fast (Estimated time)

Erev Sukkot (Friday, October 2)

- 6:00 pm Sukkot Potluck
- 7:00 pm Shabbat/Festival Service

Sukkot Yizkor (Friday, October 9)

- 10:30 am Yizkor (Memorial Service)

Simchat Torah (Friday, October 9)

- 7:00 pm Simchat Torah Festival Service and Consecration